Thousands of refugees come to the United States each year. As they become accustomed to life in the United States, they immediately face a new challenge, navigating the health care system. There are not many accessible resources for refugee women when they first arrive, so women’s healthcare, specifically family planning, gets forgotten. The current family planning curriculum is not comprehensive for refugee women of every demographic because each culture has different needs and background. Working with three refugee populations—Congolese, Burundi, and Somali—in Salt Lake City and incorporating the seven domains of women’s health, this creation of a cumulative family planning curriculum that will increase accessibility to services and positively impact the women and their family’s health.

Curriculum outlined:
- Offers a wide selection of planning methods that are accessible to all
- Reflects high standards of medical practice
- Remains sensitive to cultural ideals and conditions
- Provides sufficient information about proper use or possible side effects
- Addresses women’s other reproductive health needs
- Emphasizes benefits and importance of family planning

Curriculum aims:
- Have a full range of services and education available in a safe environment
- Enhance information and acceptance among communities
- Strengthen referral system for follow up and improve long term care
- Train local women to be family planning advocates

For educators and advocates:
- Cross cultural refugee profile template
- Staff training
- Community education maps
- Clientele follow up charts
- Outline of supply chain system