RESEARCHING AND ACCESSING RESILIENCE RESOURCES AND SERVICES

Erica Lake
Associate Librarian, Spencer S. Eccles Health Sciences Library
Associate Director, Hope Fox Eccles Health Library

April Love
Associate Librarian, Faculty Services Librarian, Marriott Library

Alfred Mowdood
Librarian & Adjunct Assistant Professor in Exercise and Sport Science, Head of Faculty Services, Marriott Library
LEARNING OBJECTIVES

✓ Discover new resources available at the U Libraries
✓ Learn 10 tips to be a better searcher
✓ Learn the basics of EMBASE and PsycINFO
✓ Explore local and international research and perspectives on resilience
HOW TO BE A BETTER SEARCHER

1. NEVER GIVE UP!
EMBASE

Quick Search

- e.g., 'cancer gene therapy'

Search options

- Search as broadly as possible (map, explode, search also as free text in all fields)
- Publication Years from:
  - 2012
  - to 2016
http://pioneer.utah.gov

### All EBSCOhost Databases, Collections & Reference Centers

<table>
<thead>
<tr>
<th>Database</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Academic Search Premier</strong></td>
<td>Find journals, magazines, newspapers, reports &amp; books on a wide variety of topics.</td>
</tr>
<tr>
<td><strong>Agricola</strong></td>
<td>Bibliographic citations on resources related to agriculture.</td>
</tr>
<tr>
<td><strong>Alt HealthWatch</strong></td>
<td>Find full-text articles on alternative health and medicine.</td>
</tr>
<tr>
<td><strong>Auto Repair Reference Center</strong></td>
<td>Car repair instructions, bulletins, recalls, diagrams, tips, and more.</td>
</tr>
<tr>
<td><strong>Biography Reference Center</strong></td>
<td>A comprehensive collection of biographies on notable personalities.</td>
</tr>
<tr>
<td><strong>Biomedical Reference Collection - Basic Edition</strong></td>
<td>Full text medical research for doctors, research scientist, students &amp; specialists.</td>
</tr>
</tbody>
</table>
PsycINFO
The Growth of PsycINFO

- Launched in 1967
- 1995: 1 million
- 2004 (9 years later): 2 million
- 2010 (6 years later): 3 million
- 2015 (5 years later): 4 million

Slide reduplicated from (Cody & Miyazaki, 2016, slide 35)
EBSCO Autocomplete

Subject Headings

Subjects: *Coping Behavior; *Mental Disorders; *Multiple Sclerosis; *Resilience (Psychological); *Self Efficacy; Anxiety Disorders; Major Depression; Symptoms

Results List

2. Can parenting foster resiliency to mental health problems in at-risk infants?


Subjects: At Risk Populations; Infant Development; Mental Disorders; Resilience (Psychological); Parenting; Childhood (birth-12 yrs); Infancy (2-23 mo); Adulthood (18 yrs & older); Young Adulthood (18-29 yrs); Thirties (30-39 yrs); Middle Age (40-64 yrs); Male; Female
Other Features

**Limiters/Facets**

- Subject: Major Heading
- Subject
- Publisher
- Publication
- Language
- Age
- Gender
- Classification
- Methodology
- Tests & Measures
- Population

**Sorting**

- Relevance
- Date Newest
- Date Oldest
- Author
- Source
- Relevance
Thesaurus of Psychological Index Terms (2015 Update)

- 227 Index Terms (Subject Headings)
- 173 Use references
- 340 new scope notes for terms already existing in the Thesaurus
- 3 index term status changes

Many of the new concepts in this update represent an attempt to bring our vocabulary in line with the recent publication of the DSM-V

(Slide reduplicated from Cody & Miyazaki, 2016, slide 14)
Thesaurus

Browsing: PsycINFO -- Thesaurus

Term Begins With  Term Contains  Relevancy Ranked

Back to List

Previous  Next

Select term, then add to search using:  OR  Add

Resilience (Psychological)

Year Term Introduced 2003

Broader Terms
- Personality Traits

Related Terms
- Adaptability (Personality)
- Cognitive Reserve
- Coping Behavior
- Emotional Adjustment+
- Emotional Stability
- Posttraumatic Growth
- Protective Factors
- Psychological Endurance
- Psychological Stress

Used for
Hardiness
Definitions

• Resilience
  – Term goes back in English to the 1600s
    • 1850s OED The sense meaning of the “quality or fact of able to being recover…”
    • Defined by researchers in many ways from the 1960s to present
  – Commonly used in many disciplines
    • Engineering, Architecture, Dance, Educational Psychology, Communication, etc.
# MeSH Keeping Up

<table>
<thead>
<tr>
<th>MeSH Heading</th>
<th>Compassion Fatigue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tree Number</td>
<td>C23.888.369.500.500</td>
</tr>
<tr>
<td>Tree Number</td>
<td>F01.145.126.937.500</td>
</tr>
<tr>
<td>Tree Number</td>
<td>F01.145.126.990.469</td>
</tr>
<tr>
<td>Tree Number</td>
<td>F02.830.900.333</td>
</tr>
<tr>
<td>Scope Note</td>
<td>Stress response that occurs in individuals working in care giving professions.</td>
</tr>
<tr>
<td>Entry Term</td>
<td>Secondary Trauma</td>
</tr>
<tr>
<td>Entry Term</td>
<td>Secondary Traumatic Stress</td>
</tr>
<tr>
<td>Entry Term</td>
<td>Secondary Traumatization</td>
</tr>
<tr>
<td>Entry Term</td>
<td>Vicarious Trauma</td>
</tr>
<tr>
<td>Entry Term</td>
<td>Vicarious Traumatization</td>
</tr>
<tr>
<td>See Also</td>
<td>Burnout, Professional</td>
</tr>
<tr>
<td>See Also</td>
<td>Stress Disorders, Post-Traumatic</td>
</tr>
<tr>
<td>History Note</td>
<td>2016</td>
</tr>
<tr>
<td>Date of Entry</td>
<td>20150706</td>
</tr>
<tr>
<td>Unique ID</td>
<td>D000068376</td>
</tr>
</tbody>
</table>
# Medical Subject Headings (MeSH)

<table>
<thead>
<tr>
<th>MeSH Heading</th>
<th>Resilience, Psychological</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tree Number</td>
<td>F02.940</td>
</tr>
<tr>
<td>Scope Note</td>
<td>The human ability to adapt in the face of tragedy, trauma, adversity, hardship, and ongoing significant life stressors.</td>
</tr>
<tr>
<td>See Also</td>
<td>Adaptation, Psychological</td>
</tr>
<tr>
<td>Allowable Qualifiers</td>
<td>CL DE ES RE</td>
</tr>
<tr>
<td>History Note</td>
<td>2009</td>
</tr>
<tr>
<td>Date of Entry</td>
<td>20080708</td>
</tr>
<tr>
<td>Unique ID</td>
<td>D055500</td>
</tr>
</tbody>
</table>
Populations Studied for Resilience

• Ages ranging from preschool age to aged. Including specific populations ranging from widowers, neglected children, and children with ADHD.
• Parent caregiver, stepfamilies, minority residents, and health professionals
• Mental illness, outpatients, Low SES, and first time mothers.

(Aburn, Gott, & Hoare, 2016)
From the U to You

Dr. Phillip Waite (USU)
Dr. Michael Caserta (U of U)
Dr. Brad Neiger (BYU)
Dr. Nick Galli (U of U)
Dr. Stephen Gonzalez (SUNY-Brockport)
Dr. Beverly Bradshaw (St. Marks)
Dr. Allison R Stuart Welltrilogy
Number of Dissertations Researching Resilience by Institution

Walden, Capella, and Alliant International University are excluded from this list. Walden (75), Capella 55, and Alliant International (43) would place them in the top 5.
3,777 Dissertations with Resilience by Decade in ProQuest Dissertations & Theses Global (1970-Present)

ab((resilien* OR hardiness))
AND ab((psych* OR health* OR medic*))
Wrap Up and Questions