

Breakout #5:

Graduate Students – University of Utah Department of Health Promotion and Education

**Paul Anderson, Caitlin Dalton, Kathy Hoggan, Tiffany Jaeger,
Bella Johnson, Sherry Meng, Katie Portwood, Glory Stanton,
Aileen Truong, Emily Yeates**

“Body, Mind, Spirit Modalities That Access the Energy Field”

- ❖ *Understand the multidisciplinary nature of the energy field.*
- ❖ *Experience how integrative modalities that focus on the body contribute to personal energy enhancement.*
- ❖ *Experience how integrative modalities that focus on the mind contribute to personal energy enhancement.*
- ❖ *Experience how integrative modalities that focus on the spirit contribute to personal energy enhancement.*