Breakout #5:

Graduate Students – University of Utah
Department of Health Promotion and Education
Paul Anderson, Caitlin Dalton, Kathy Hoggan, Tiffany Jaeger, Bella Johnson, Sherry Meng, Katie Portwood, Glory Stanton, Aileen Truong, Emily Yeates

“Body, Mind, Spirit Modalities That Access the Energy Field”

- Understand the multidisciplinary nature of the energy field.

- Experience how integrative modalities that focus on the body contribute to personal energy enhancement.

- Experience how integrative modalities that focus on the mind contribute to personal energy enhancement.

- Experience how integrative modalities that focus on the spirit contribute to personal energy enhancement.